“Give Bees a Chance”

What You can do to help bees and pollinators

1. Insecticides – find organic solutions
   a. Don’t use insecticides in your garden and lawn, if you must, read & follow the directions.
   b. Don’t use plants and seeds coated with systemic insecticides; ask the retailer if you’re not sure.
   c. Don’t buy potting soils and composts containing insecticides, read the labels

2. Plants, Gardens & Lawns
   a. Plant a bee friendly garden – Forage plant list below in resources.
      • Create natural habitats- good for all the birds and bees
      • Grow flowers that have a long bloom season – especially early and late season.
      • Maintain diversity, not monocultures.
      • Flowers – Avoid flowers that are hybrids, or bred to have double flowers, or bred to be pollen less (They have less nectar & pollen and it’s harder for the bees to access)
      • Watch & take notes of which plants on your property attract bees and encourage more.
   b. Natives – plant or encourage native flowers, shrubs and trees – They are well adapted to our area as far as climate and soil conditions – they do not require fertilizers and need less watering. Some of the natives that honey bees like are maple, willow, cherry & amelanchier trees, blueberries, raspberries, & blackberries, wild roses, milkweed, clethra, aster and goldenrod.
   c. Protect bee habitat - Allow wildflowers (sometimes called weeds) to grow.
      • Dandelions, goldenrod, yarrow, asters– excellent flowers for bees
      • If you have a field of wildflowers & you have to mow it, mow after frost.
      • Plant white clover for a lawn instead of grasses – Advantages of clover is less watering, less mowing, less fertilizer, less herbicide and grows well in poor soils. You can add white clover seed to lawns; it helps fixate nitrogen for use by the grass.

3. Learn about bees and tell others – read a bee book – spread the word

4. Support Bee Research and/or Spikenard Farm Honeybee Sanctuary

5. Buy organic fruits and vegetables

Resources:

www.thehoneybeeconservancy.org
The Xerces Society www.xerces.org  http://wildseedproject.net/
Pollinator Partnership – www.pollinator.org
Honey bee forage plants: http://honeybeenet.gsfc.nasa.gov/Honeybees/Forage.htm
Friends of the Earth http://www.foe.org/beeaction
Spikenard Farm Honeybee Sanctuary http://spikenardfarm.org/the-bees/